

# April 27, 2024

# 8:00 am

# RACE INFORMATION

### **Bib Pickup**

- at Merrickville Community Centre, 106 Read Street
- Friday evening, April 26, 2024: 4:30 7:30 pm
- Saturday morning, April 27, 2024: 6:30 am 7:30 am

# **Late Registration**

• There will be **NO In person registrations due to sold-out event.** 

#### **Race Details**

- Start/Finish and Bag Drop is at the Merrickville Community Centre
- Race is being chip timed so bibs must be worn on the front with the numbers visible
- Race Times staggered starts:
  - 8:00 am: 10K
  - 5K and 2K to follow

# **Course Maps:**

• Please familiarize yourself with the route at <a href="https://www.run-merrickville.ca/course-maps/">www.run-merrickville.ca/course-maps/</a>

#### **Road Closures**

- Street Closures will take place along the race route 7:30am 11:00am
- Runners need to be off the course by 11:00am
- Any runner still on the course after 11:00 will need to move off the travelled portion of the road and walk or run facing traffic, and obey all traffic safety rules.
- See more information at <u>www.run-merrickville.ca/road-closures/</u>

### **Emergency Plan: Significant Weather Event**

- Committee members will be monitoring the weather in the days leading up to and including race day.
- The Race director along with the Fire Chief will decide cancellation / delay of race
- Stay up-to-date with Run Merrickville Facebook's page and website <u>www.run-merrickville.ca</u>

#### **Race Results**

- Will be posted at the Community Centre
- Available online at Home | Sportstats or www.run-merrickville.ca

#### **Medal Presentations**

- Medals will be presented after the race in the community centre.
- 1st, 2nd, and 3rd places, male and female, in 5K and 10K will receive a medallion.
- Due to a limited supply of participant medals, some participants may receive alternate memorabilia.

#### Post Race Food

- Snacks and water will be available at the Community Centre.
- Thank-you to local businesses for their donations of food and drink.

#### **Washrooms:**

- Available at the Community Centre
- For 5K, 10K: Portable toilets will be available on the route.

#### **Water Stations**

• Three water stations will be on the route.

#### **Aid Stations:**

- First Aid will be available at the Community Centre.
- Mobile Aid station will be available on the route.

#### **Distance Markers**

• Race course will be marked with kilometre markers

#### Pets

• Pets are not permitted for safety and insurance reasons. Anyone bringing a pet will need to find alternate arrangements should you choose to continue with the event. The only exception will be service animals with verifiable documentation.

#### **Transfers and Refunds:**

- There will be NO registration refunds.
- You can change your event (2K, 5K, 10K), and
- You can transfer your registration to another runner; email <a href="mailto:runnerrickville@gmail.com">runnerrickville@gmail.com</a> with the request.

#### **Virtual Run:**

- Can't run with us here on Race Day?
- Register for a Virtual Run.
- Then track your run with your smart phone or other tracking device. Results can be entered via race roster. Instructions will be emailed prior to race day.
- See more information at www.run-merrickville.ca/virtual-run/

Chip Times provided by Sportstats
Online registrations provided by Race Roster