



ABOUT THE MERRICKVILLE HERITAGE CLASSIC

This is the 8th year for the wonderfully fun Merrickville Heritage Classic Road Race. As the pandemic changed the look and feel of road races over the last two years, runners were able to participate in a virtual format. We are excited to be back live and in person for 2023!

The mission of the Merrickville Heritage Classic is to encourage people to get outside and get active through recreational running or walking. We advocate and promote a healthy lifestyle through a fun and safe activity.

The idea for the run began in 2015 when a group of running enthusiasts got together to plan an event for the Village of Merrickville. As a result of their dedication the first run was held in April 2016. The volunteer Organizing Committee members hoped to make the run an annual event and with the huge support from the community, it has succeeded.

There are four distances, 2K, 5K, 10K and Half Marathon to challenge runners. The events provide options to participants and can be enjoyed by all, from the casual walker to the serious runner.

The run enjoys a wide local, provincial and national support base. All are welcome from the youngest participant in a stroller to the young at heart nearing 80. Once operational expenses are accounted for any surplus is donated to a local community group that promotes healthy lifestyle choices through activity.

Past Community donations have been made to support:

- The new play structure at Merrickville Public School
- The Trails Society's Story Book Trail project
- The Merrickville Fire Department
- The Seaway Surge baseball opportunities for area youth
- The Merrickville Soccer Club for field improvements
- The Merrickville Food Cupboard
- Rideau Bridge to Canada

It goes without saying, we could not hold this race without the many volunteers that every year step up to the numerous positions and activities needed to hold this event. It takes over 100 volunteers to ensure the safety of the runners and that everything goes as smoothly as planned.

Want to be part of this great event? Send us an email at runmerrickville@gmail.com and get involved.