

## **Merrickville Heritage Classic Team Spirit Award**

To those individuals who have entered as a team for the Merrickville Heritage Classic Road race event, Bravo!! We would like to recognize those who wish to participate in a little added fun, all in the name of team spirit.

According to the Collins dictionary, *team spirit* is the feeling of pride and loyalty among team members.

Team spirit cultivates motivation and collaborative behaviour among individuals in a team to work towards a common goal. It enables every individual to work with full enthusiasm to promote healthy active living of all ages, genders, and abilities.

The Team Spirit award was introduced in 2023 for the Merrickville Heritage Classic Road race event. We hoped with its inaugural launch, it would become a mainstay of the race for years to come.

This annual race brings the community together to enjoy the camaraderie of the Merrickville-Wolford area. The event is supported by the generosity of local businesses and the many volunteers who help to organize and execute a fun, vibrant day for the participants. This is the essence of a team.

### **Criteria for Team Spirit Award**

- Teams must comprise 2 or more participants
- Teams must register prior to the start of the event
- Team members must be identifiable but not limited to your imagination (matching shirts, matching colours, theme or team decorations etc.)
- Demonstrating extra ordinary Enthusiasm during the event
- Promoting healthy active living
- Enhances the image of the Merrickville Heritage Classic event – A fun, safe activity

### **Judging:**

Members of the Run Merrickville organizing committee will observe the teams and select the winner and two honourable mentions. Awards will be presented at the award ceremony after the race.